

Class–Nursery

Physical Development

Corner Time/Free Play

Fitness & Flexibility

(Gross Motor Skills)

Term I : April to September

Quarter 1

Suggested Activities

April	Walking on a drawn line (zig-zag, straight, slant etc.), Dance on tune
May	Flat Race, Tunnel Ball Kicking and Catching a Ball, Play with Chalk Spending Time in Nature Assessment
June	Summer Vacation

Quarter 2

July	Jumping Over the Rope
Aug.	Riding tricycle or bicycle, Jump High, Blowing Bubbles
Sept	Assessment

Term II : October to March

Quarter 3

Oct.	Simple yoga poses, Bowling
Nov.	Frog Race, Posham Pa, Hopscotch

Dec. Hula Hoops, Simon Says
Assessment

Quarter 4

Jan. Musical Chairs, Hide & Seek

Feb. Jumping In and Out, Follow the Leader

March Assessment

Health & Hygiene

Suggested Activities

Term I : April to September

Quarter 1

April Basic Food Hygiene

May Folding Handkerchief
Assessment

June Summer Vacation

Quarter 2

July Eating with fork and spoon

Aug. Shoe lacing and tying

Sept. Assessment

Term II : October to March

Quarter 3

Oct. Washing germy hands

Nov. Table Manners

Dec. Dressing Neatly
Assessment

Quarter 4

Jan.	Fireless Cooking
Feb.	Class Presentation on healthy/unhealthy food
March	Assessment

Sensory Perceptions

(Indoor & Outdoor)

Fine Motor Skills Development

Suggested Activities

Term I : April to September

Quarter 1

April	Paper Crushing
May	Use of clothes pins to hang clothes Assessment
June	Summer Vacation

Quarter 2

July	Tearing and Pasting (Using papers of different sizes and colours)
Aug.	Bathing & Dressing a Doll
Sept.	Assessment

Term II : October to March

Quarter 3

Oct.	Turning Doorknobs, Keys and Locks
Nov.	Stacking Blocks
Dec.	Playing with Board Games Assessment

Quarter 4

Jan.	Leaf Printing
Feb.	Telephone Talk
March	Assessment

Socio-Emotional & Ethical Development (Moral Values)

Term I : April to September

Quarter 1

(To explain with the help of moral stories and enactment)

April	Be Good, Do Good, Be One
May	Sharing is Caring Assessment
June	Summer Vacation

Quarter 2

July	God is One
Aug.	Work is Worship
Sept.	Assessment

Term II : October to March

Quarter 3

Oct.	Respect Your Elders
Nov.	Always Speak the Truth
Dec.	Be Kind to Animals Assessment

Quarter 4

Jan.	Love Your Country/Respect Your National Flag
Feb.	Unity is Strength
March	Assessment

Communication and Interaction
To be done through Enactment/Role Play
At Home

Term I : April to September

Quarter 1

April	Wish Good Morning/Good Afternoon/Good Night Mumma/Papa
May	I am Sorry/Thank You for/Please Assessment
June	Summer Vacation

Quarter 2

July	I am feeling hungry/thirsty I am tired
Aug.	May I help you, Mumma/Papa?
Sept.	Assessment

Term II : October to March

Quarter 3

Oct.	Mumma, Where is my bag/toy?
Nov.	Please switch on/off the light.

Dec. Let's go to the market.
Assessment

Quarter 4

Jan. It's very hot/cold today.
Feb. Mumma/Papa, please come here.
March Assessment

In the Playground

Term I : April to September

Quarter 1

April Run Fast & Win the Race
May I want to play
Assessment

June **Summer Vacation**

Quarter 2

July He/She is pushing me.
Aug. I want to go out to play.
Sept. Assessment

Term II : October to March

Quarter 3

Oct. I have a bat/ball.
Nov. Let's be friends.
Dec. Let's play together.
Assessment

Quarter 4

Jan. I am the winner.
Feb. It's my turn.
March Assessment

In School

Term I : April to September

Quarter 1

April Ma'am What is this?
May Ma'am, I Love You
Assessment
June **Summer Vacation**

Quarter 2

July Ma'am, we want to play
Please open my lunch box
Aug. Ma'am, Please have it
Ma'am, you are looking so beautiful
Sept. Assessment

Term II : October to March

Quarter 3

Oct. May I go to washroom?
May I wash my hands?
Nov. Ma'am, I don't have pencil/eraser/sharpener.
Dec. May I come in, Ma'am?
Assessment

Quarter 4

Jan.	Ma'am, he/she is crying.
Feb.	Ma'am, he/she is fighting with me.
March	Assessment

Aesthetic & Cultural Development

Visual & Performing Arts Art and Craft

Reference Book : ABC Colouring Book

Term I : April to September

Quarter 1

Colour Recognition

April	Introduction of Colour–Red
May	Introduction of Colour–Blue Revision & Assessment
June	Summer Vacation

Quarter 2

July	Introduction of Colour–Yellow
Aug.	Introduction of Colour–White
Sept.	Assessment

Term II : October to March

Quarter 3

Oct.	Introduction of Black Colour
Nov.	Introduction of Green Colour

Dec.	Introduction of Orange Colour Assessment
Quarter 4	
Jan.	White and Pink–Introduction of White and Pink Colour
Feb.	Purple and Grey–Introduction of Purple and Grey Colour
March	Assessment

Colour the Pictures related to the Letters

Term I : April to September

Quarter 1

April	Colouring in Page No. 3-5
May	Colouring in Page No. 6-8 Assessment
June	Summer Vacation

Quarter 2

July	Colouring in Page No. 9-12
Aug.	Colouring in Page No. 13-15
Sept.	Colouring in Page No. 2 Revision & Assessment

Term II : October to March

Quarter 3

Oct.	Colouring in Page No. 16, 17
Nov.	Colouring in Page No. 18, 19

Dec.	Colouring in Page No. 20, 21 Assessment
Quarter 4	
Jan.	Colouring in Page No. 22, 23
Feb.	Colouring in Page No. 24, 25
March	Colouring in Page No. 26, 27, 28 Assessment

Free Hand Drawing & Colouring (Sketch Book)

(Imagine, Think, Draw and Colour)

Term I : April to September

Quarter 1

April	Ball
May	Sun Revision & Assessment
June	Summer Vacation

Quarter 2

July	Ice-Cream
Aug.	Hut
Sept.	Revision & Assessment

Term II : October to March

Quarter 3

Oct.	Sun
Nov.	Tree
Dec.	Mat Revision & Assessment

Quarter 4

Jan.	Mango
Feb.	Robot
March	Bus
	Revision & Assessment

Paper Craft

Term I : April to September

Quarter 1

Two-Dimensional & Three-Dimensional Artwork

April	Paper Fish
May	Papar Fan Making
	Assessment
June	Summer Vacation

Quarter 2

July	Paper Boat
Aug.	Paper Turtle
Sept.	Shapes-Circle, Rectangle, Triangle, Square
	Assessment

Term II : October to March

Quarter 3

Suggested Activities

Oct.	Paper Snake
Nov.	Paper Doll
Dec.	Paper Cup Santa
	Assessment

Quarter 4

Jan. Goofy Robots
Feb. Book Mark
March Button Fish
Assessment

Music and Movement

Dance & Songs on

Term I : April to September

Quarter 1

April Earth Day, Alphabet
May Mother's Day, World Laughter Day, Numbers
Assessment
June **Summer Vacation**

Quarter 2

July Environment Day, Old Mcdonald.....
Aug. Independence Day, Teej, Wheels on the bus
Sept. Janamashtami, Grandparents Day
Assessment

Term II : October to March

Quarter 3

Oct. Various Festivals, Halloween, World Smile Day
Nov. Family, Children's Day
Dec. Shapes, Christmas Day
Assessment

Quarter 4

Jan.	Alphabet Song, Republic Day
Feb.	Basant Panchami
March	Assessment

Cognitive Development

Numeracy

Reference Book : Maths Workbook (Oral & Written)

Term I : April to September

Quarter 1

April	Oral Pre-number Concept : Tall-Short (Page No. 4) Shape : Circle Oral Counting 1-5 Recognition 1-5 Group Activity : Hopscotch Written Standing, Sleeping, Slanting lines (Page No. 11-14)
May	Oral Pre-number Concept : Big-Small (Page No. 3) Shape : Triangle Oral Counting 1-10 Recognition 1-5 Count and Tell Group Activity : Number Race

	<p>Written</p> <p>Formation of No. 1, 4, 7, (Page No. 15-23)</p> <p>Count and Write (1, 4, 7)</p> <p>Match the Similar No. (1, 4, 7)</p> <p>Count and Match</p> <p>Revision and Assessment</p>
June	<p>Summer Vacation</p>
	<p>Quarter 2</p>
July	<p>Oral</p> <p>Pre-number Concept : Heavy-Light (Page No. 8)</p> <p>Shape : Square</p> <p>Oral Counting 1-10</p> <p>Recognition (1-7)</p> <p>Count and Tell (1-7)</p> <p>Group Activity : Number Hunt</p> <p>Written</p> <p>Formation of No. (2, 3, 5) (Page No. 24-33)</p> <p>Dictation (1-5)</p> <p>Count and Write (1-5)</p> <p>Match the Similar No. (1-5)</p> <p>Count and Match</p>
Aug.	<p>Oral</p> <p>Pre-number Concept : More/Less</p> <p>Shape : Rectangle</p> <p>Oral Counting (1-10)</p> <p>Count and Tell (1-10)</p>

	Count and Write (1-5)
	Group Activity : Sorting of numbers
	Spatial understanding Inside–Outside
	Written
	Formation of No. 6, 8, 9, 10 (Page No. 36–49)
	Dictation 1–10
	Count and Write 1–16
	Missing No. 1–10
	Match the Similar Number
Sept.	Revision & Assessment
	Term II : October to March
	Quarter 3
Oct.	Oral
	Pre-number concept : Full/Empty (Page No. 10)
	Shape : Star
	Oral Counting (1-15), Count & tell (1–10)
	Recognition of numbers (1-15)
	What comes after (1-10)
	Spatial Understanding : Near-Far
	Group activity (sorting of numbers)
	Written (Workbook and Notebook)
	Forward Counting 1 to 10
	Formation of numbers 11 to 13 (Page No. 50-52)
	Match the similar numbers
	Count and write
	Count and colour
	Dodging

Nov.

Oral

Pre-number Concept : Thick/Thin

Shape : Heart

Oral Counting (1-15), Count & Tell (1-10)

Recognition of numbers (1-15)

Group activity (Number Hunt)

What comes after (1-10)

Spatial Understanding : Above/Below

Written (Workbook and Notebook)

Formation of numbers 14 to 16 (Page No. 53-55)

Forward Counting 1-16

Match the similar numbers

Count and write

Count and colour

Dodging

Dec.

Oral

Pre-number Concept : Same/Different

Shape : Oval

Oral Counting (1-20), Count & Tell (1-15)

Recognition of numbers (1-20)

Group activity Number Race

What comes after (1-10)

Spatial understanding High/Low

Revision & Assessment

Written (Workbook and Notebook)

Formation of numbers 17 to 20 (Page No. 56-59)

Forward Counting 1-20

Match the similar numbers

Count and write

Count and colour

Revision & Assessment

Quarter 4

Jan.

Oral

Pre-number Concept : Wide/Narrow

Shape : Diamond

Oral counting (1-20) (Count and Tell) (1–20)

Recognition of numbers (1-20)

Group activity (Shape Hunt)

What comes after (1-10)

Spatial understanding Top–Middle–Bottom

Written (Workbook and Notebook)

Forward Counting 1 to 20 (Page No. 60, 64, 66, 69)

Count and write (Page No. 61, 65)

What comes after (Page No. 67)

Count and colour (worksheet)

Fill the missing numbers (Page No. 62, 70)

Cross out the similar numbers (Page No. 63)

Dictation (Page No. 65)

Feb.

Oral

Pre-number Concept–Revision

Shapes–Revision : Oral Counting (1–20)

Spatial Understanding : Front/Behind

Recognition of numbers 1–20

What comes after?

Group Activity : Abacus/Dice game

Written (Workbook and Notebook)

Forward Counting 1 to 20 (Page No. 74, 75) on single dot

Count and write (Page No. 72, 77)

Count and circle the correct numbers (Page No. 73)

Fill the missing numbers (Page No. 76)

Dictation (Page No. 78, 79)

March Revision & Assessment

Environmental Awareness

Discovery Time (Inquiry Based Learning)

Suggested Activities

Term I : April to September

Quarter 1

April Sand play

May To identify different types of textures (hard/soft)
(Scrap Book Work)

Assessment

June **Summer Vacation**

Quarter 2

July Water Experiment (sink/float)

Aug. Explore the surroundings (To identify different colours and shapes) (Scrap Book Work)

Sept. Assessment

Term II : October to March

Quarter 3

Suggested Activities

Oct.	Observing tiny objects/creatures using magnifying glass
Nov.	Nature Walk
Dec.	To identify different types of materials like wood, plastic, rubber etc. Assessment

Quarter 4

Jan.	To identify different smells (connected with senses)
Feb.	To identify different colours in surroundings
March	Assessment

Language and Literacy Development

**English (Oral Language Development
Circle Time**

**Rhymes : (Reference Book : Let's Learn, Recite
& Recognize Part -1 (Three-in-one)**

Term I : April to September

Quarter 1

April	Johnny-Johnny
May	Twinkle-Twinkle, Baa-Baa Black sheep Revision & Assessment
June	Summer Vacation

Quarter 2

July	Two Little Dicky Birds
Aug.	Pussy Cat
Sept.	Revision & Assessment

Term II : October to March

Quarter 3

Oct.	The Train The Little Boy Blue
Nov.	A Chubby Little Snowman Hey Diddle Diddle, Grandma's Spectacles
Dec.	Eight Big Fingers, Jack and Jill Revision & Assessment

Quarter 4

Jan.	We Willie Winkie, Fish Story
Feb.	Eency Weency Spider
March	Revision & Assessment

Story Time

Reference Book : Jungle Jingle

Term I : April to September

Quarter 1

April	The Lion and The Mouse (Page No. 2, 3, 4)
May	The Lion and The Mouse (Page No. 2-10) Picture Reading of the story Revision & Assessment
June	Summer Vacation

Quarter 2

July	The Hare and The Tortoise (Page No. 21-24)
Aug.	The Hare and The Tortoise (Page No. 21-29), Enactment of the story
Sept.	Revision & Assessment

Term II : October to March

Quarter 3

Oct.	The Ant and The Grasshopper (Page No. 30 to 33)
Nov.	The Ant and The Grasshopper (Page No. 30 to 36); Enactment of the story
Dec.	Revision & Assessment

Quarter 4

Jan.	Two Friends and The Fox (Page No. 11 to 16)
Feb.	Two Friends and The Fox (Page No. 11 to 20); sequencing of the story
March	Revision & Assessment

Structured Conversation

**Reference Book : Let's Learn, Recite
& Recognize Part-1 (Three-in-one)**

(With the help of flash card, Interactive board etc.)

Note : Questions answers and worksheets
to be done on the following topics.

Term I : April to September

Quarter 1

April	Parts of Body, Fruits
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May	Vegetables, My Classroom, Books and Stationery Revision & Assessment Group Activity : Class presentation on Fruits & Vegetables.
June	Summer Vacation
	Quarter 2
July	Means of Transport, Flowers, Dresses
Aug.	Water Animals, Domestic Animals, Wild Animals Group Activity : Scavenger Hunt
Sept.	Revision & Assessment
	Term II : October to March
	Quarter 3
Oct.	Birds Festivals, Our Helpers
Nov.	Neighbourhood In the Bathroom, Food, Junk Food
Dec.	Indoor games Outdoor games Revision & Assessment
	Quarter 4
Jan.	Reptiles In the Bedroom
Feb.	Insects In the Kitchen, My Drawing Room
March	Revision & Assessment

Guided & Free Conversation

(With the help of flash cards, Interactive boards etc.)

Note. Question answers and worksheets to be done on the following topics.

Term I : April to September

Quarter 1

April	Daily Routine
May	Good Habits. Toys Revision & Assessment
June	Summer Vacation

Quarter 2

July	Food, Cartoons, Myself
Aug.	Our Country, Birthday
Sept.	Nature, Likes and Dislikes Revision & Assessment

Term II : October to March

Quarter 3

Oct.	Festivals, Friends
Nov.	Family
Dec.	Magic Words Revision & Assessment

Quarter 4

Jan.	Country, School
Feb.	Beware of Strangers, Nature
March	Revision & Assessment

Action Words

Term I : April to September

Quarter 1

April	Sitting, Standing, Dancing, Flying
May	Clapping, Smiling, Yawning, Throwing Revision & Assessment
June	Summer Vacation

Quarter 2

July	Drinking, Jumping, Eating, Reading
Aug.	Picking, Coming, Going, Writing
Sept.	Breaking, Climbing Revision & Assessment

Term II : October to March

Quarter 3

Oct.	Thinking Pushing
Nov.	Making Trying
Dec.	String Swimming Assessment

Quarter 4

Jan.	Teaching Riding
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Feb. Cutting
Hugging
March Assessment

Reading & Writing

Reference Book : Let's Learn, Recite
& Recognize Part -1 (Three-in-one)

Written : English Workbook

Term I : April to September
Quarter 1

April **Oral/Reading**
Introduction of Capital Letters (A–D) (with sounds
and Picture Reco.)
Written
Sleeping, Standing, Slanting lines, Curves, Zig-Zag
(Page No. 4-9)

May **Oral/Reading**
Introduction of Capital Letters (E–H) (with sounds
and Picture Reco.)
Picture description related to letters A–H
Revision & Assessment
Written
Letter L, T, I, H (Page No. 10-18)
See and Write
Encircle the correct Letter
Revision & Assessment

June	Summer Vacation
	Quarter 2
July	Oral/Reading Introduction of Letters (I-L) (with sounds and Picture Reco.) Written Letter: E, F, A, C, D, N (Page No. 19-20, 22, 23, 25, 26, 36, 37, 42, 43, 49-51) See and Write Encircle the correct Letter
Aug.	Oral/Reading Introduction of Letters (M-P) (with sounds and Picture Reco.) Written Letter: B, G, J, K, M, O, P (Page No. 46, 47, 52-57, 60-69) See and Write Encircle the correct letter Match the similar letter Encircle the odd one out Picture description related to letters A–P
Sept.	Revision & Assessment Written Formation A–P Dictation See and Write

Encircle the correct letter

What comes After

Revision & Assessment

Term II : October to March

Quarter 3

Oct.

Oral/Reading

Recapitulation of letters A to P

Introduction of letters Q and R (with sounds and picture recognition)

Written

Recapitulation of A to P

Formation of letters Q, R (Page No. 76 to 79)

Dictation (A-R)

What comes after & between

See and Write

Fill the missing letters

Encircle the correct letter

Encircle the odd one out

Nov.

Oral/Reading

Introduction of Letters S, T and U (with sounds and picture recognition)

Group Activity : Letter Hunt

Written

Recapitulation of A to R Formation of letters S, U and V (Page No. 80, 81, 82, 83, 27, 28)

Dictation (A-V)

What comes after & between

See and Write

	<p>Fill the missing letters</p> <p>Encircle the correct letter</p> <p>Encircle the odd one out</p>
Dec.	<p>Oral/Reading</p> <p>Introduction of letters V and W (with sounds and picture recognition)</p> <p>Revision & Assessment</p> <p>Written</p> <p>Recapitulation of A to V, Formation of letters W, X (Page No. 30, 40, 41)</p> <p>Dictation (A-X)</p> <p>What comes after & between</p> <p>See and write</p> <p>Fill the missing letters</p> <p>Encircle the correct letter</p> <p>Encircle the odd one out</p> <p>Revision & Assessment</p>
	Quarter 4
Jan.	<p>Oral/Reading</p> <p>Introduction of letters X, Y and Z (with sounds and picture Reco.)</p> <p>Written</p> <p>Recapitulation of A to X</p> <p>Formation of letters Y, Z (Page No. 32, 33)</p> <p>Dictation (A-Z)</p> <p>What comes after & between</p> <p>See and Write</p>

	Fill the missing letters Encircle the correct letter Encircle the odd one out
Feb.	Oral/Reading Revision of letters A to Z (with sounds and picture Reco.) Group Activity : Fashion show on Alphabet. Revision
March	Revision of letters A to Z (with sounds and picture Reco.) Assessment
<div style="text-align: center;"> हिन्दी कविताएं </div>	
<div style="text-align: center;"> Reference Book : आओ गुनगुनाएं </div>	
<div style="text-align: center;"> Term I : April to September </div>	
<div style="text-align: center;"> Quarter 1 </div>	
April	अच्छे बच्चे
May	सड़क, नन्ही-सी मुन्नी Revision & Assessment
June	Summer Vacation
<div style="text-align: center;"> Quarter 2 </div>	
July	गर्मी
Aug.	रेलगाड़ी, पतंग
Sept.	Revision & Assessment

Term II : October to March

Quarter 3

Oct.	दीपावली
Nov.	तारे बढ़ते कदम Revision & Assessment
Dec.	Summer Vacation

Quarter 4

Jan.	भारत माता
Feb.	Revision
March	Assessment

हिन्दी कहानियाँ (मौखिक)

Term I : April to September

Quarter 1

April–May शेर और चूहा

June Summer Vacation

Quarter 2

July–Aug. प्यासा कौआ

Sept. Revision & Assessment

Term II : October to March

Quarter 3

Oct. बातूनी कछुआ (Listening)

Nov. बातूनी कछुआ (Enactment)

Dec. Revision & Assessment

Quarter 4

Jan. लालची कुत्ता (Listening)

Feb. लालची कुत्ता (Enactment)

March Revision & Assessment